

Menu



SOLAR DO VEZ

Restaurante

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Google

4.6 ★★★★★

ENTRADAS

Starters - Entrées



Couvert



Pão, Manteiga, Azeitonas, Atum especial

🇬🇧 Bread, Butter, Olives, Special tuna

🇫🇷 Pain, Beurre, Olives, Thon Spécial

🇪🇸 Pan, Mantequilla, Aceitunas, Atún Especial

7.95€



Sopa de Tomate /Cenoura/Legumes/Frango

🇬🇧 Tomato soup

🇫🇷 Soupe à la tomate

🇪🇸 Sopa de tomate

4.50€

🇬🇧 Carrot soup

🇫🇷 Soupe aux carottes

🇪🇸 Sopa de zanahoria

4.50€

🇬🇧 Chicken soup

🇫🇷 Soupe de poulet

🇪🇸 Sopa de pollo

6.95€



Calamares Fritos



🇬🇧 Fried Squids

🇫🇷 Calamars frits

🇪🇸 Calamares Fritos

8.95€



Pastel de Bacalhau



🇬🇧 Traditional Portuguese Snacks

🇫🇷 Collations portugaises traditionnelles

🇪🇸 Aperitivos tradicionales portuguesas

1 Uni | 2.00€

4 Uni| 6.95€



Gambas à la Guilho



🇬🇧 Fried shrimps with garlic and Coriander on Top

🇫🇷 Crevettes frites à l'ail et coriandre sur le dessus

🇪🇸 Camarones fritos con ajo y cilantro encima

14.95€



Salada de Polvo



Polvo, Tomate, pimentão, cebola roxa, pickles e alho

🇬🇧 Octopus Salad (Octopus, Tomato, peppers, red onion, pickles and garlic)

🇫🇷 Salade de Poulpe (Poulpe, Tomate, poivrons, oignon rouge cornichons et ail)

🇪🇸 Ensalada de Pulpo (Pulpo, Tomate, pimientos, cebolla morada pepinillos y ajo)

11.95€



Mexilhão à Espanhola



🇬🇧 Spanish Mussel

🇫🇷 Mouleespagnoles

🇪🇸 Mejillón Español

12.95€

Pão..... €1,95

Bread/Pan

Manteiga (2pcs)..... €1,75

Butter/Beurre

Azeitonas..... €2,50

Olives/Olive

Queijo Seco..... €4,50

Dry Cheese/Fromage Sec

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PEIXE

Fish Poisson



Camarão grelhado

Camarão Grelhado com Alho e Coentros

Grilled Shrimp with Garlic and coriander

Crevettes grillées à l'ail et à la coriandre

Camarones a la Plancha Con Ajo Y Cilantro

18.95€



FILETES DE PESCADA

Com batata frita e salada

Hake fillets with rice, french fries and salad

Filets de merlu avec riz, frites et salade

Filetes de merluza con arroz, patatas fritas y ensalada

€12,95



Arroz de Marisco

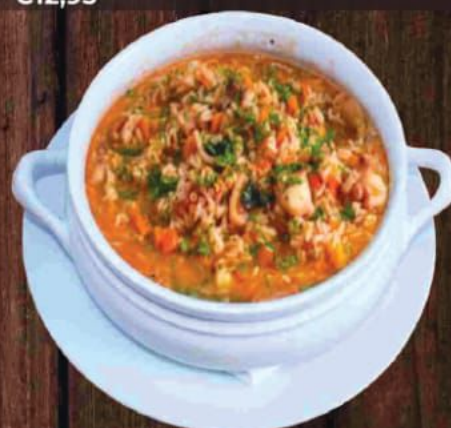
Com camarões cozidos, amêijoas, lulas, mexilhões, arroz molho de tomate Molho Marisco e Coentro

Shellfish with cooked prawns, clams, squids, mussels, rice, tomato sauce, Marisco Sauce and Coriander.

Coquillages aux crevettes cuites, palourdes, calamars, moules, riz, sauce tomate, sauce Marisco et coriandre.

Marisco con gambas cocidas, almejas, calamares, mejillones, arroz, salsa de tomate, Salsa Marisco y Cilantro.

39.95€ | 2 Pax 20.95€ | 1 Pax



ARROZ DE POLVO

Octopus rice

Poulpe riz

Arroz de pulpo

€35,95 (2 pax) - €18,95(1 pax)



Arroz de bacalhau

arroz de bacalhau, tomate, azeite, alho, cebola, prementos, Coentros, folha de louro

cod rice, tomato, olive oil, garlic, onion, peppers, Coriander, bay leaf

cabillaud, riz, tomate, huile d'olive, ail, oignon, poivrons, Coriandre, feuille de laurier

arroz de bacalao, tomate, aceite de oliva, ajo, cebolla, pimientos, cilantro, laurel

18.95€ | 1 Pax

35.95€ | 2 Pax



Arroz de Camarão

Camarão arroz

Shrimp Rice

Riz aux crevettes

arroz con camarones

19.45€ | 1 Pax

38.90€ | 2 Pax

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BRUNCH

Breakfast - Petite Déjeuner



MENU -01

🇵🇹 Croissant com fiambre e queijo natural
sumo de laranja e café expresso

🇬🇧 Croissant with ham and cheese natural
orange juice and cafe espresso
7,90€



MENU -02

🇵🇹 Contas com peste de abacate, bacon e ovo
fritos, sumo natural de laranja e café americano

🇬🇧 Bread with avocado pest, fried becon
and egg natural orange juice and
coffee Americano
9,95€



MENU -03

🇵🇹 Panqueca com mel e fruta sumo de laran-
ja café com leite

🇬🇧 Pancake with honey and fruits
orange juice coffee with milk
10,95€



MENU -04

🇵🇹 Pão com bacon frito, salsicha, feijão preto,
ovo estrelado e chá preto de tomate

🇬🇧 Bread with fried becon, sausage, black
beans, fried egg and tomato black tea
13,95€



Tosta Mista

🇬🇧 Toasted Bread with Ham and Cheese
🇫🇷 Pain grillé avec fromage et jambon,
🇪🇸 Pan Tostado con Queso y Jamón

7.95€



Tosta de Atum

🇬🇧 Toasted Bread With Tuna and Cheese
🇫🇷 Pain grillé au thon et fromage
🇪🇸 Pan Tostado Con Atún, Queso Y

8.95€



Bife Fatiado e Pão

🇬🇧 Sliced Steak and Bread
🇫🇷 Steak et pain tranchés
🇪🇸 Filete rebanado y pan

9,95€



Batata Fritas

🇬🇧 French fries
🇫🇷 Frites
🇪🇸 papas fritas

3,50€

SERVIDO ATÉ AS- SERVED UNTILL-SERVI JUSQU'AU **12:30 PM**

BACALHAU

Codfish/Morue



Bacalhau à Lagareiro



Bacalhau Assado com Batatas Assadas à Lagareiro

- Roasted Codfish with roasted potatoes in Lagareiro style
- Morue rôtie avec pommes de terre rôties à la façon Lagareiro
- Bacalao asado con patatas asadas al estilo Lagareiro

18.95€



Bacalhau à Bràs



Bacalhau desfiado com cebola, ovos, batata palha num delicioso twist de sabores

- Salted Codfish with Onions, eggs, potato straws, Parsley in a delicious twist of flavours.
- Morue Salée Aux Oignons, Oeufs, Pomme De Terre traws, persil dans une délicieuse touche de saveurs.
- Bacalao salado con cebolla, huevos y patata arrastres, perejil en un delicioso toque de sabores.

14.95€



BACALHAU À MISTA



Bacalhau Assado, Bacalhau bràs, Bacalhau com Natas Pastéis de bacalhau, ovo cozido e salada de tomate

- Roasted Cod, Bacalhau bràs, Cod with Cream Cod pastries, boiled egg and tomato salad
- Morue rôtie, bras de Bacalhau, morue à la crème Pâtisseries de morue, œuf dur et salade de tomates
- Bacalao asado, Bacalhau bràs, Bacalao con crema de bacalao, ensalada de huevo cocido y tomate

39.95€



Bacalhau Com Natas



Bacalhau desfiado com Nata, batata frita em cubos, Por último Assado no forno com queijo

- Salted Codfish with cream onion, fried cubes potato, Lastly Baked in the oven with cheese
- Morue Salée à la crème d'oignons, cubes de pommes de terre frits, enfin cuite au four four avec du fromage
- Bacalao salado con crema de cebolla, patata frita en dados, por último al horno horno con queso

16.95€

Pasteis de Bacalhau Prato



Bolinho de Bacalhau Frito com Arroz de Tomate e Salada.

- Codfish Cake deep fried with Tomato rice and Salad.
- Pastel de Bacalao frito con arroz con tomate y Ensalada.
- Gâteau de morue frit avec riz aux tomates et salade.

12.95€

CARNE

Meat - Viande



Bitoque de Frango

com batata fritas, ovo estrelado e Salada

🇬🇧 Chicken breast with fried egg, fries and salad

🇫🇷 Pechuga de pollo con huevo frito, patatas fritas y ensalada

🇪🇸 Pechuga de pollo con huevo frito, patatas fritas y ensalada

13.95€



Costeleta de Porco

Com Batata à murro espinafre

🇬🇧 Pork Chops with roasted Potato and Spinach

🇫🇷 Côtelettes de porc avec pommes de terre rôties et épinards

🇪🇸 Chuletas de cerdo con patatas asadas y espinacas

€14,95



PIRI PIRI FRANGO

🇬🇧 chicken leg with spicy, french fries and salad

🇫🇷 cuisse de poulet épicée, frites et salade

🇪🇸 Muslo de pollo con salsa picante, patatas fritas y ensalada

12,95€



MISTA DE CARNE (2PAX)

Bife de vaca, perna de frango, chouriço assado, costeletas de porco, azeitonas com feijão preto

🇬🇧 Sirloin steak, chicken leg, roasted sausage (2pax) pork chops, olives with black beans

🇫🇷 Steak, jambe de poulet, saucisse rôtie (2pax) côtelette de porc, olives aux haricots noirs

🇪🇸 Entrecot de ternera, muslo de pollo, salchicha asada (2pax), chuletas de cerdo, aceitunas con frijoles negros

€62,95



CARNE

Meat - Viande



Bife a Portuguesa

Carne de vaca com molho de cerveja, batata fritas e ovo estrelado

- 🇬🇧 Portuguese Beef Steak with beer sauce french fries and fried egg
- 🇫🇷 Steak de bœuf portugais avec sauce à la bière frites, frites et œuf au plat
- 🇵🇹 Filete de ternera português con salsa de cerveza patatas fritas, patatas fritas y huevo frito

14.95€



Bife de Vazia

Bife de vazia com batata Rodelas, cogumelos e tomate cereja

- 🇬🇧 Sirloin steak with slices Potato, mushrooms and cherry tomatoes
- 🇫🇷 Steak de surlonge avec tranches de pomme de terre champignons et tomates cerises
- 🇵🇹 Solomillo con láminas de patata, champiñones y tomates cherry

17.95€



Picanha

com batata fritas, feijao preto e arroz de cogumelos

- 🇬🇧 Rump steak with fries, black beans and mushroom rice
- 🇫🇷 Picanha avec frites, haricots noirs et riz aux champignons
- 🇵🇹 Filete con papas fritas, frijoles negros y arroz con champiñones

18.95€



Bife 3 Pimentos

Bife com molho de 3 pimentos e batata rodela

- 🇬🇧 Steak with 3 peppers Sauce and slices potato
- 🇫🇷 Steak aux 3 piments Sauce et tranches de pomme de terre
- 🇵🇹 Filete con salsa de 3 pappers y patata en rodajas

16.95€

SALADAS

Salads - Salades



Salada Caprese



Mozzarella fresca, Tomate cereja e manjericao, avocado

Caprese Salad (Fresh Mozzarella, Cherry Tomatoes, Basil and Avocado)

Salade Caprese (Mozzarella fraîche, tomates cerises et basilic, avocat)

Ensalada Caprese (Mozzarella fresca, tomates cherry, albahaca y Palta)

11.95€



Salada Avocado



Alface, abacate, tomate, limão, páprica, nozes com molho

Lettuce, avocado, tomato, lemon, paprika, nut with sauce

Laitue, avocat, tomate, citron, paprika, noix avec sauce

Lechuga, aguacate, tomate, limón, pimentón, nuez con salsa

12.95€



Salada Tropical



Alface, Cebola roxa, Tomate cereja, Pimentos, Molho Gambas e mix frutas

Tropical Salad (Lettuce, Red Onion, Cherry Tomato, Peppers, Sauce, Prawns and Fruit Mix)

Salade tropicale (laitue, oignon rouge, tomate cerise, poivrons, Sauce crevettes et mélange de fruits)

Ensalada Tropical (Lechuga, Cebolla Morada, Tomate Cherry, Pimientos, Salsa, Gambas y Mix de Frutas)

15.90€



Salada de Atum



Alface, Atum, Ovo cozido, cebola roxa, Tomate e azeitonas

Tuna Salad (Lettuce, Tuna, Boiled Egg, Red Onion, Tomato and Olives)

Salade de thon (laitue, thon, œuf dur, oignon rouge, tomate et olives)

Ensalada de Atún (Lechuga, Atún, Huevo cocido, Cebolla morada, Tomate y aceitunas)

12.95€



Salada mista

Alface, cenoura, pepino, milho & red cabbage

Lettuce, carrot, cucumber, corn and red cabbage

Laitue, carotte, concombre, maïs et chou rouge

Lechuga, zanahoria, pepino, maíz y col lombarda

€10,95



Salada Cesar



Frango, Alface, Tomate cereja, Bacon, Pedocas de pão, Queijo parmesao e molho

Cesar salad (chicken, lettuce, cherry tomatoes, bacon, bread pieces, parmesan cheese and sauce)

Salade César (poulet, laitue, tomates cerises, bacon, morceaux de pain, parmesan et sauce)

Ensalada César (pollo, lechuga, tomates cherry, tocino trozos de pan, parmesano queso y salsa)

13.95€

TAPAS



Chouriço Assado

- 🇬🇧 Roasted chorizo
 - 🇫🇷 Chorizoroti
 - 🇪🇸 chorizo asado
- 10.95€



Sardinhas Com Pão E Cebola

- Sardinhas e pao com cebola, pimento, e salada
 - 🇬🇧 Sardines sur pain Avec Oignon, Poivron et Salade
 - 🇫🇷 sardines on bread with onion, bell pepper and salad
 - 🇪🇸 Sardinas sobre dolor Avec Oignon, Poivron et Salade
- €10,95



Tábua de queijos Portugueses

- 🇬🇧 A selection Portuguese cheese with bread and Olives
 - 🇫🇷 Une sélection de fromages portugais avec du pain et des olives
 - 🇪🇸 Una selección de quesos portugueses con pan y aceitunas.
- 24.95€



Presunto com Melao

- 🇬🇧 Smoked Ham with Melon
 - 🇫🇷 Jambon au melon
 - 🇪🇸 Jamón Ahumado con Melón
- 11.95€



Iberica

- 🇬🇧 Tomato, garlic with olive oil, smoked ham, toasted bread and olive
 - 🇫🇷 Tomate, ail à l'huile d'olive, jambon fumé, pain grillé et olive
 - 🇪🇸 Tomate, ajo con aceite de oliva, jamón ahumado, pan tostado y aceituna
- 11.95€



Tábua Mista para dois (2 Pax)

- 🇬🇧 Mixed cheese and sausages with bread, Olives, Dry fruits and fresh fruits
 - 🇫🇷 Mélange de fromages et saucisses avec du pain, Olives Fruits secs et fruits frais
 - 🇪🇸 Quesos mixtos y embutidos con pan, Aceitunas, Frutos secos y frutas frescas
- 39.95€



Tábua Simples

- 🇬🇧 Cheese, Smoked Ham, Greek Cheese, Bread and Olives
 - 🇫🇷 Fromage, jambon fumé, fromage grec, pain et olives
 - 🇪🇸 Queso, Jamón Ahumado, Queso Griego, Pan y Aceitunas
- 11.90€

PEIXE

Fish Poisson

Cataplana de Marisco



26.95€ | 1 Pax

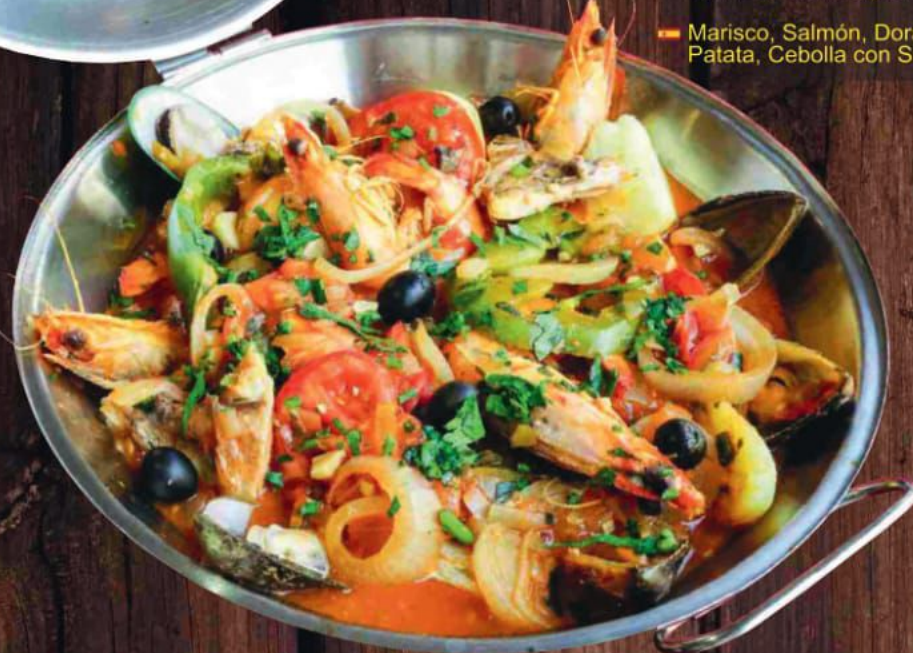
49.95€ | 2 Pax

Marisco, Salmao, Dourada, Lulas, Pimentão verde e vermelho, Batata, Cebola com Molho de tomate e coentros.

🇬🇧 Seafood, Salmon, Golden bream, Squid, Green and red peppers, Potato, Onion with Tomato Sauce and marisco sauce, Coriander

🇫🇷 Fruits de mer, Saumon, Daurade dorée, Calmar, Poivrons verts et rouges, Pomme de terre, oignon avec sauce tomate et sauce marisco, coriandre

🇪🇸 Marisco, Salmón, Dorada, Calamares, Pimientos verdes y rojos, Patata, Cebolla con Salsa de Tomate y Salsa Marisco, Cilantro



Mista de Peixe



64.95€ | 2 Pax

Lulas, Robalo, Sardinhas, Salmao, Camarão, Dourada e Legumes cozido

🇬🇧 Grilled squid, sea bass, sardines, salmon, Shrimp, sea bream and cooked vegetables

🇫🇷 Grillés Calamars, bar, sardines, saumon, Crevette dorade et légumes cuits

🇪🇸 Calamares a la plancha, lubina, sardinas, salmón gambas, dorada y cocidos, verduras

PAELLAS



Paella Marisco



Arroz com maxilhão, Amêijoas, Delicados do mar, camarão, Gambão lulas pimentos, ervilhas e Coentros

🇬🇧 Rice with mussels, Clams, Sea delicacies, shrimp, Gambão, squid peppers, peas and coriander

🇫🇷 Riz aux moules, Palourdes, Délices de la mer, crevettes, Calmar Gambon poivrons, petits pois et coriandre

🇪🇸 Arroz con mejillones, Almejas, Delicias de mar, Gambón, Calamares Gambon pimientos, guisantes y cilantro

18.95€



Paella Seniorito



Arroz com sem casca maxilhão, Amêijoas, Delicados do mar, camarão, lulas pimentos, ervilhas e Coentros

🇬🇧 Rice with shellless mussels, clams, sea delicacies, shrimp, squid peppers, peas and coriander

🇫🇷 Riz aux moules sans coquilles, palourdes, délices de la mer, gambas, piments calamars, guisantes y cilantro

17.95€



Paella Arroz Negro



Arroz negro com camarão, lulas, maxilhão, pimentos vermelha, ervilhas e coentros

🇬🇧 Black rice with shrimp, squid, mussels, red pepper, peas and coriander

🇫🇷 Riz noir aux crevettes, calamars, moules, poivrons rouges et petits pois et coriandre

🇪🇸 Arroz negro con gambas, calamares, mejillones, pimienta roja, guisantes y cilantro

18.95€



Paella Mista



Arroz com frango maxilhão, Amêijoas, Delicados do mar, camarão, Gambão lulas pimentos, ervilhas e Coentros

🇬🇧 Rice with Chicken Maxillion, Clams, Delicious Seafood, Shrimp, Gambon Squid peppers, peas and coriander

🇫🇷 Riz au poulet Maxillion, palourdes, délicieux fruits de mer, crevettes, calmar Gambon poivrons, petits pois et coriandre

🇪🇸 Arroz con Pollo Maxillion, Almejas, Deliciosos Mariscos, Camarones, Calamar Gambon pimientos, guisantes y cilantro

19.95€



Paella Valenciana

Arroz com frango, feijão verde, feijões, pimentos e coentros

🇬🇧 Rice with chicken, green beans, beans, peppers and coriander

🇫🇷 Riz au poulet, haricots verts, haricots, poivrons et coriandre

🇪🇸 Arroz con pollo, judías verdes, judías, pimientos y cilantro

16.95€



Paella Vegetariana

Arroz com feijão verde, feijão branco, cenoura, brócolis, espinafre, pimentos ervilhas e coentros

🇬🇧 Rice with green beans, white beans, carrots, spinach, broccoli, peppers peas and coriander

🇫🇷 Riz aux haricots verts, haricots blancs, carottes, épinards, piments, brocoli petits pois et coriandre

🇪🇸 Arroz con judías verdes, judías blancas, zanahorias, espinacas, brócoli pimientos, guisantes y cilantro

13.95€



Hamburger Mista

Em pao de hamburguer, queijo, fiambre com batatas fritas e molho de alho

🇬🇧 Hamburger in Bread, cheese, ham with french fries and garlic sauce

🇫🇷 Dans pain à hamburger, fromage, jambon avec frites et sauce à l'ail

🇪🇸 En PanHamburguesa, queso, jamón con patatas fritas y salsa de ajo

12.95€



Hambúrguer com salada

Hambúrguer com pepino, cebola, alface e Tomate

🇬🇧 Hamburger with cucumber, onion, alcohol and tomato

🇫🇷 Hambúrguer avec pepino, cebolla, alcool et tomate

🇪🇸 Hamburguesa con pepino, cebolla, alcohol y tomate

€10,95



Omelete Camarão

Camarao, batata fritas e salada

🇬🇧 Omelette with Shrimp, fries and salad

🇫🇷 Omelette aux Crevettes, frites et salade

🇪🇸 Tortilla con Camarones, Papas Fritas y Ensalada

14.95€

Omelete Simples

Omelete com batata frita e salada

🇬🇧 Omelette with french fries and salad

🇫🇷 Omelette avec frites et salade

🇪🇸 Tortilla con patatas fritas y ensalada

10.95€

Omelete Mista

Queijo, fiambre, batatas fritas e saladas

🇬🇧 Omelette with Cheese, Ham, French Fries and Salad

🇫🇷 Omelette au fromage, jambon, frites et salade

🇪🇸 Tortilla con Queso, Jamón, Papas Fritas y Ensalada

13.95€

omelete Cogumelos

11,95€

Mushrooms omelet, french fries, rice and Salad

Acompanhamentos

Arroz -Arroz

€3,50

Arroz de cogumelos - Arroz con setas

€5,50

Legumes Salteados - Verduras salteadas

€6,50

Salada Mista - Ensalada mixta

€6,50

Ovo estrelado - Huevo frito

€2,95

Ovo Cozido - Huevo duro

€2,95

Feijão Preto - Frijol negro

€5,50

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PIZZA



Pizza Pepperoni



Molho de tomate, mozzarella e salame, Orégão

🇬🇧 Tomato sauce, mozzarella and salami

🇫🇷 Sauce tomate, mozzarella et salami

🇪🇸 Salsa de tomate, mozzarella y salami

12.95€



Pizza Margherita



Molho de tomate, mozzarella, orégãos, tomate e manjerição

🇬🇧 Tomato sauce, mozzarella, oregano, tomato and basil

🇫🇷 Sauce tomate, mozzarella, origan, tomate et basilic

🇪🇸 Salsa de tomate, mozzarella, orégano, tomate y albahaca

10.95€



Pizza Vegetariana

Molho de tomate, mozzarella, Misto de legumes

🇬🇧 Tomato sauce, mozzarella, mix vegetable

🇫🇷 Sauce tomate, mozzarella, mélange de légumes

🇪🇸 Salsa de tomate, mozzarella, mezcla de verduras

10.95€



Pizza Tropical



Queijo mozzarella, molho tomate, ananas e fiambre

🇬🇧 Mozzarella cheese, tomato Sauce, pineapple and ham

🇫🇷 Fromage mozzarella, Sauce tomate, ananas et jambon

🇪🇸 Queso mozzarella, salsa de tomate, piña y jamón

12.95€



Pizza di Pollo

Molho de tomate, mozzarella, frango, pimento

🇬🇧 Tomato Sauce, Mozzarella, Chicken, Peper

🇫🇷 Sauce tomate, mozzarella, poulet, poivron

🇪🇸 Salsa de tomate, mozzarella, pollo, pimiento

€14,95



Pizza Pescatore



Molho de tomate, mozzarella, atum, cebola e azeitona laminada

🇬🇧 Tomato sauce, mozzarella, tuna, onion and rolled olives

🇫🇷 Sauce tomate, mozzarella, thon, oignon et olives roulées

🇪🇸 Salsa de tomate, mozzarella, atún, cebolla y aceitunas laminadas

13.95€

PASTA



Linguine alla Gamberetti

Linguine com camarão, azeite, alho, Tomato cereja e salsa

- 🇬🇧 Linguine with shrimp, olive oil, garlic, cherry tomatoes and parsley
- 🇫🇷 Linguine aux crevettes, huile d'olive, ail, tomates cerises et persil
- 🇪🇸 Linguine con camarones, aceite de oliva, ajo, tomates cherry y perejil

15.95€



Espaguete á Carbonara

Espaguete com bacon, natas, ovo e queijo parmesao

- 🇬🇧 Spaghetti with bacon, cream, egg and cheese parmesan
- 🇫🇷 Spaghetti au bacon, crème, œuf et parmesan
- 🇪🇸 Espaguetis con salsa de tomate y queso parmesano

14.95€



Linguine de Marisco

Linguine com marisco, molho de tomate, molho de Marisco, alho, vinho branco, Coentros

- 🇬🇧 Linguine with seafood, tomato sauce, seafood sauce, garlic white wine, coriander
- 🇫🇷 Linguine aux fruits de mer, sauce tomate, sauce aux fruits de mer, ail, vin blanc, coriandre
- 🇪🇸 Linguine con mariscos, salsa de tomate, salsa de mariscos, ajo, vino blanco, cilantro

16.95€



Lasanha Bolonhesa

lasanha à bolonhesa com molho de carne picada

- 🇬🇧 lasagna bolognese with minced meat sauce
- 🇫🇷 lasagne bolognaise avec sauce à la viande hachée
- 🇪🇸 espaguetis con salsa de tomate y queso parmesano

14.95€



Espaguete á Vegetariana

Cogumelos, brócolis e cenoura

- 🇬🇧 Mushrooms, broccoli and carrots
- 🇫🇷 Champignons, brocoli et carottes
- 🇪🇸 Espaguetis con salsa de tomate y queso parmesano

12.95€



Lasanha Bolonhesa

Com Carne Picada

- 🇬🇧 Lasagne with minced meat sauce and cheese
- 🇫🇷 Lasagnes à la viande hachée, sauce et fromage
- 🇪🇸 Lasaña con salsa de carne picada y queso

€13,95



Espaguete a Pomodoro

Espaguete com molho de tomate e queijo parmesao

- 🇬🇧 Spaghetti with tomato sauce and parmesan cheese
- 🇫🇷 Spaghetti à la sauce tomate et au parmesan
- 🇪🇸 Espaguetis con salsa de tomate y queso parmesano

11.95€

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SOBREMESAS



Pastel De Nata 🇬🇧 🇫🇷 🇪🇸

- 🇬🇧 Custard Tart
- 🇫🇷 tarte à la crème
- 🇪🇸 Tarta de crema pastelera

2.00€ (1 uni) | 6.95€ (4 uni)



Bolo De Bolacha 🇬🇧 🇫🇷 🇪🇸

- 🇬🇧 Wafercake
- 🇫🇷 Gâteau aux gaufrettes
- 🇪🇸 pastel de oblea

5.95€



Crepe Com Gelado 🇬🇧 🇫🇷 🇪🇸

- 🇬🇧 Crepe with ice cream
- 🇫🇷 Crêpe à la glace
- 🇪🇸 Crepe con helado

7.95€



Banana Split 🇬🇧

- 🇬🇧 Banana Split
- 🇫🇷 Banane split
- 🇪🇸 División de plátano

8.95€



Salada De Frutas 🇬🇧 🇫🇷 🇪🇸

- 🇬🇧 Fruits Salad
- 🇫🇷 salade de fruit
- 🇪🇸 Ensalada De Frutas

5.95€



Prato De Ananás 🇬🇧 🇫🇷 🇪🇸

- 🇬🇧 Plate of Pineapple
- 🇫🇷 Plat d'ananas
- 🇪🇸 Plato de piña

5.95€



Fatia de Manga 🇬🇧 🇫🇷 🇪🇸

- 🇬🇧 Fatia de Manga
- 🇫🇷 Fatia de Manga
- 🇪🇸 Fatia de Manga

€5, 95



Melão 🇬🇧 🇫🇷 🇪🇸

- 🇬🇧 Melon
- 🇫🇷 Melon
- 🇪🇸 Melón

5.95€



Crêpe Com Nutella 🇬🇧 🇫🇷 🇪🇸

- 🇬🇧 Pancake with Nutella
- 🇫🇷 Crêpe au Nutella
- 🇪🇸 Panqueque con Nutella

5.95€



Pancake Com Frutas e gelado 🇬🇧 🇫🇷 🇪🇸

- 🇬🇧 Pancake with fruits and ice cream
- 🇫🇷 Crêpe aux fruits et glace
- 🇪🇸 Panqueque con frutas y helado

10.95€



Gelado

- 1 Bolas / 1 Balls Ice Cream..... €2,50
- 2 Bolas / 2 Balls Ice Cream..... €4,95

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BEBIDAS- DRINKS - BOISSONS

Cafetaria Coffee and Tea - Café et Thé



Café Coffee - Café	€1.50
Descafeinado	€1.70
Decaffeinated coffee - Café décaféiné	
Café Americano American Coffee	€2.20
Café duplo Double coffee - Double café	€2.50
Cappuccino Cappuccino	€3.50
Chá (preto, limão, camomila, verde e menta)	€2.50
Tea - black, lemon, camomile, green and mint	
Thé - noir, citron, camomille, vert et menthe	
Chá com leite Tea with milk - Thé avec du lait	€3.00
Meia de Leite	€3.00
Small coffee with milk - Petit café au lait	
Galão de máquina	€3.20
Glass of coffee with milk (3/4 milk)	
Tass de café avec du lait (3/4 lait)	
Irish coffee	€8.50
Chocolate Quente	€4.50
Hot chocolate	

Águas - Water- Eau

Água Water - Eau	50cl	€2.00
Água Water - Eau	0.75l	€3.50
Água tônica Tonic water - L'eau tonique	0.50cl	€2.50
Água com gas Sparkling water Eau gazeuse	0.25cl	€2.50

Refrigerantes Soft Drinks - Réfrigérants

Coca-Cola	33cl	€2.50
Coca Cola zero	33cl	€2.50
7up/Sprite	33cl	€2.50
Fanta laranja	33cl	€2.50
Ice Tea limão Lemon- Citron	33cl	€2.50
Ice Tea Manga Mango - Mangue	33cl	€2.50
Ice Tea pêssago Peach - Pêche	33cl	€2.50

Sumo Natural Natural juice - Jus Naturel

Laranja - Orange	€4.50
Manga - Mango- Mangue	€5.50
Limonada Lemon - Citron	€3.50
Ananás - Pineapple - Ananas	€4.50
Sumo Mista- Mix Fruite	€4.50



Cerveja - Beer - Bière

Imperial - Small draught beer -	20cl	€2,50
Tulipa - medium draught beer -	33cl	€3,50
Caneca - Large draught beer	40cl	€5,00
Cerveja Garrafa - Medium beer bottle	33cl	€3,50
Cerveja Preta - Medium dark beer bottle	33cl	€3,50
Cerveja s/ álcool - Medium alcohol free Beer	33cl	€3,00
Somersby - Apple Cider	33cl	€3,50
Girafa - Large beer	1Ltr	€8,95

Aperitivos - Appetizers - Apéritifs

Martini	5cl	€5,00
Moscatel	5cl	€5,00

Vinho do porto - port wine - Vin de Porto

Vinho do Porto Tinto (Tawny / Ruby)	5cl	€5,50
Vinho do Porto Branco	5cl	€5,50
Vinho do Porto Tinto 10 anos	5cl	€9,50

Brandy's e Aguardentes

Macieira	5cl	€5,00
Aguardentes	5cl	€5,00

Whisky

Famous Grouse	5cl	€5,50
Jameson	5cl	€5,50
JB	5cl	€5,50
Jack Daniel's	5cl	€7,50

Licores - Liquors - Liqueurs

Ginja	5cl	€3,50
Licor Beirão	5cl	€5,50
Baileys	5cl	€5,50
Amarguinha	5cl	€5,50

Bar

Gin Tónico	€7,50
Vodka Cola	€7,50
Bacardi Cola	€8,00
Tequilla	€6,00

Cocktails

Mojito	€7,50
Caipirinha	€7,50
Caipiroska	€7,50
Aperol Spritz	€7,50
Porto Tonic	€7,50
Cuba Libre	€7,50
Taqila margarita	€7,50
Sangria	€7,50

VINHO

Vinho Tinto

Red wine
Vin rouge

Monte Velho (Alentejo)	35cl	€10.50
Touriga Nacional, Aragonez, Syrah e Trincadeira		
Monte Velho (Alentejo)	75cl	€19.00
Touriga Nacional, Aragonez, Syrah e Trincadeira		
Papafigos (Douro)	75cl	€24.00
Touriga Franca, Touriga Nacional e Tinta Roriz		
Quinta de corno (Alentejo)	75cl	€35.00
Alicante bouschet, Aragibez, Cabernet Sauvignon e Trincadeira		
Cartuxa (Alentejo)	75cl	€45.00
rincadeira, Aragonez e Alicante Bouschet		
Evel (Douro).....	75cl	€23.00

Vinho Rosé

rose wine
vin rose

Mateus Rosé(Douro)	375cl	€10.50
Baga, Rufete, Tinta Barroca e Touriga Franca		
Mateus Rosé (Douro)	75cl	€19.50
Baga, Rufete, Tinta Barroca e Touriga Franca		
Pacheca	75cl	€18.00

Especial Vinho a Copo

Special glass wine
Vin en verre spécial

Vinho Tinto	15cl	€4.50
Red wine - Vin rouge		
Vinho Branco	15cl	€4.50
White wine - Vin Blanc		
Vinho Verde	15cl	€5.50
Green wine - Vin vert		
Vinho Rosé	15cl	€5.50

Vinho Branco

White Wine
Vin Blanc

Monte Velho (Alentejo)	37.5cl	€10.50
Touriga Nacional, Aragonez, Syrah e Trincadeira		
Monte Velho (Alentejo)	75cl	€19.00
Touriga Nacional, Aragonez, Syrah e Trincadeira		
Papafigos (Douro)	75cl	€24.00
Touriga Franca, Touriga Nacional e Tinta Roriz		
Planalto (Douro)	75cl	€26.00
Viosinho, Malvasia Fina, Gouveio, Roupeiro e Arinto		
Quinta do corno (Alentejo)	75cl	€35.00
Aragonez, Trincadeira, Alfrocheiro e Alicante Bouschet		
Evel (Douro)	75cl	€23.00

Vinho Verde

Green wine
vin vert

Casal Garcia (Minho)	75cl	€10.50
Trajadura, Loureiro e Arinto Azal		
Casal Garcia (Minho)	75cl	€19.90
Trajadura, Loureiro e Arinto Azal		
Muralhas Monção (Minho)	75cl	€25.00
Alvarinho e Trajadura		

Espumantes

Sparkling wine
vin pétillant

Murganheira Reserva Bruto	75cl	€35.00
Malvasia Fina, Chardonnay, Cerceal, Pinot Noir e Touriga Nacional		
Moët & Chandon	75cl	€85.00
Chardonnay		

Sangria

Sangria
Sangria

Branca White - Blanc	0,50l/1ltr	€10.00/€17.00	2Ltr	€32.00
Tinto Red - Rouge	0,50l/1ltr	€10.00/€17.00	2Ltr	€32.00
Espumante	0,50l/1ltr	€25.00	2Ltr	€32.00
Sparkling wine - Vin mousseux				



SOLAR DO VEZ

Restaurante

Nenhum prato, produto alimentar ou bebida, incluindo o Couvert, pode ser cobrado se não for solicitado pelo cliente ou por este for inutilizado No dish, food or drink, including the cover charge can be charged if not requested by the customer or it is unusable

 O Regulamento no 1169/2011, de 25 de outubro, define novas regras sobre a informação ao consumidor, pois estabelece a obrigatoriedade de informar sobre a possível presença de alérgenos em todos os géneros alimentícios. Com entrada em vigor, estas regras aplicam-se a todos os géneros alimentícios destinados ao consumidor final, incluindo os que são fornecidos pelos estabelecimentos do setor alimentar e os que são fornecidos a estes estabelecimentos.

 Regulation No. 1169/2011, of October 25, defines new rules on consumer information, since it establishes the obligation to inform about the possible presence of allergens in all foodstuffs.

With the coming into force on 13 December, these rules apply to all foodstuffs intended for the final consumer, including those which are supplied Food establishments and those supplied to these establishments.

Produtos Alérgenos Allergen Products



Glúten
Gluten



Frutos de
casca Nuts



Amendoins
Peanuts



Peixe
Fish



Ovos
Eggs



Sésamo
Sesame



Dióxido de Enxofre e Sulfitos
Sulfur Dioxide and Sulphites



Crustáceos
Crustaceans



Alpo
Celery



Soja
Soy



Tremoços
Lupin bean



Mostarda
Mustard



Lácteos
Dairy Products



Moluscos
Molluscs

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Imagens meramente ilustrativas

Prices with VAT in force
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Illustrative purposes only mages

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soldardovez48@gmail.com



SOLARDOVEZ
Password: solar2022

PEIXE

Fish Poisson



Sardinhas Grelhadas

Com Batata Cozida e Salada.

- Grilled Sardines with boiled potatoes and salad.
- Sardines grillées avec pommes de terre bouillies et salade.
- Sardinas a la plancha con patatas cocidas y ensalada.

12.95€



Salmão Grelhado

Com batatas asadas e espinafres.

- Grilled Salmon with roasted potatoes and spinach.
- Saumon grillé avec pommes de terre rôties et épinards.
- Salmón a la plancha con patatas asadas y espinacas.

17.95€

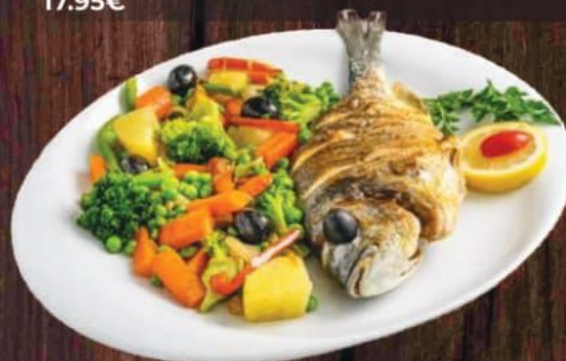


Robalo grelhado

Com batata cozida, brócolis e cenoura.

- Grilled sea Bass with boiled potatoes, broccoli and carrot.
- Bar grillé avec pommes de terre bouillies, brocoli et carotte.
- Lubina a la plancha con patatas cocidas, brócoli y zanahoria.

16.95€

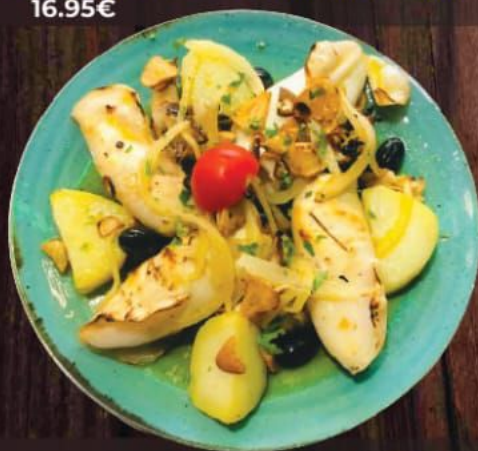


Dourada grelhada

Com Legumes salteados

- Grilled Golden bream with Salted mix vegetables.
- Daurade dorée grillée et mélange de légumes salés.
- Dorada a la plancha con mix de verduras saladas.

17.95€



Lulas Grelhadas

Com batata cozida alho e salsa.

- Grilled Squids with boiled potatoes Garlic and parsley.
- Calmars grillés avec pommes de terre bouillies Ail et persil.
- Calamares a la plancha con patatas cocidas Ajo y perejil.

17.95€



Polvo à Lagareiro

Com batata assada e alho à Lagareiro.

- Octopus with roasted potatoes and garlic in Lagareiro style.
- Poulpe aux pommes de terre rôties et à l'ail à la manière de Lagareiro.
- Pulpo con patatas asadas y ajetes al estilo Lagareiro.

18.95€

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